

Analysis of Trends in Publications Strength Based Counseling in Global and Indonesia

Berru Amalianita¹, Nur Hasanah Harahap², Dona Fitri Annisa³, Tuli Alawiyah³

^{1,2} Universitas Jambi, Indonesia

Jl. Jambi – Muara Bulian No.KM. 15, Mendalo Darat, Kec. Jambi Luar Kota, Kabupaten Muaro Jambi, Indonesia

^{3,4} Institut Keguruan dan Ilmu Pendidikan (IKIP) Siliwangi, Indonesia

Jl. Terusan Jend. Sudirman No.3, Baros, Kec. Cimahi Tengah, Kota Cimahi, Jawa Barat 40521, Indonesia

Abstract: This literature study investigates the development of strengths-based counseling publications. This research highlights scientific developments, authors, and countries that are developing in family-based counseling research. The findings reveal that the development of strengths-based counseling publications began after 2000, marked by a large number of publications. 2022-2024 will be the highest year for strength-based counseling publications in article form. America has 131 publications, while Indonesia has 48 publications. Medical science has become the highest publication in the context of strengths-based counseling. The use of Strengths-Based Counseling in Indonesia and on a global scale shows optimistic progress. School counselors can effectively provide services to clients by utilizing a Strengths-Based Counseling approach, which can contribute to improved psychological well-being by leveraging individual strengths and community supports.

Keywords: Strength Based Counseling, Global, Indonesia

INTRODUCTION

Counseling is a field of science that is concerned with the psychological well-being and mental health of individuals. Now mental health science has experienced development by transforming into many types of science over the past few decades. This development is the background to a change from the traditional counseling model by focusing on deficit conditions and problems in individual mental illness and symptoms.

Strengths-based counseling model is one of the developing counseling models. This model is still relatively new in Indonesia, especially in counseling services at schools. This counseling model is integrated into positive psychology theory and the potential strengths that each individual has (Suranata et al., 2017). Based on meta-analysis studies, there are 12 intervention variants developed based on positive psychology, but the number of strength-based counseling studies is still limited. Therefore, we want to see how far the study of strength-based counseling has developed in the world and especially in Indonesia.

METHOD

This research uses the literature study method. The primary data used in this research comes from the Google Scholar database. This database was chosen by researchers because it was considered to have complete data, was easy to access and had many article sources. This literature study analysis includes the development of scientific publications in the context of strength-based counseling from a global and Indonesian perspective over the past 2 decades. The results of the analysis are presented in descriptive form by looking at the development of article publications with journal reviews, number of publications, authors and countries.

* **Corresponding Author:** Nur Hasanah Harahap,  nurhasanahhrhp05@unja.ac.id
Universitas Jambi, Indonesia

Copyright (©) by the authors(s), 2024

Utomo, P., et al (Eds), *Proceeding of the 3th Siliwangi Annual International Conference On Guidance Counseling (SAICGC, 2024)*,

Contents lists available at <https://ojs.aeducia.org/index.php/saicgc/issue/view/25>



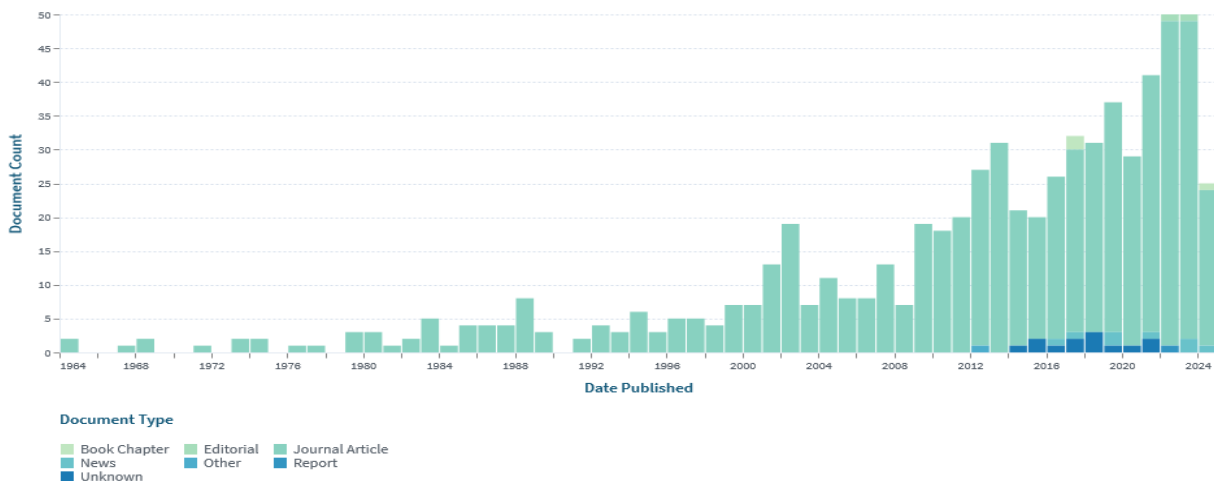
All rights reserved. This proceedings is an open access article distributed under the terms and conditions of the Creative CC-BY-NC-SA license (<https://creativecommons.org/licenses/by-nc-sa/4.0>)

RESULTS AND DISCUSSION

Trend Publications Strength Based Counseling Globally

Strength-based counseling has demonstrated significant potential for improving the overall well-being of individuals (Gander, Proyer, Ruch, & Wyss, 2013; Nair & Bhandare, 2024). This method fosters a positive and empowering therapeutic environment by highlighting the client's strengths and resources. The efficacy of this approach in enhancing therapeutic outcomes is undeniable, despite the obstacles it faces in implementing it in a variety of cultural contexts (Tse et al., 2016; Zhou et al., 2024). Strength-based counseling can continue to develop and offer significant advantages to the community by incorporating and adapting local values (Afriyati, Herawati, Pasmawati, & Rahayu, 2024; Zamroni, Hanurawan, Muslihati, Hambali, & Hidayah, 2022). Subsequently, the following will be addressed regarding the global trends in publications related to Strength-Based Counseling:

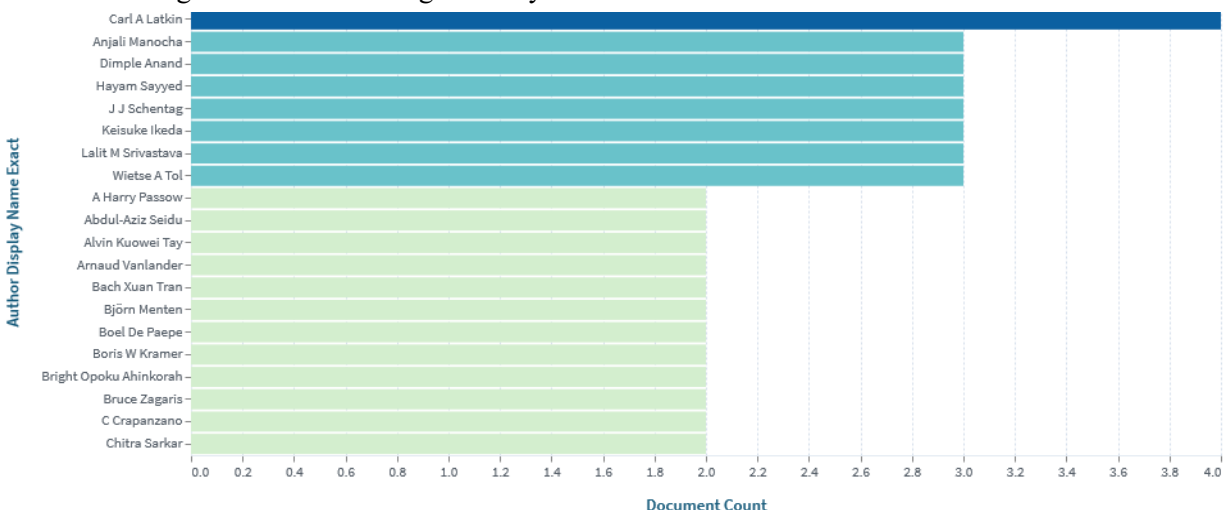
Date publication Strength Based Counseling in Global



Graph 1. Visualization of global publishing dates for Strength Based Counseling

The trend data graph indicates that the research of Strength Based Counseling has been published from 1964 to 2024, encompassing around 660 published works, including book chapters, news stories, editorials, journal articles, reports, and other formats. The predominant form of publication is the Journal Article. The proliferation of Strength Based Counseling publications commenced post-2000, characterized by numerous releases, however with swings in the graph indicating both increases and falls. The peak publishing data analyzing Strength-Based Counseling worldwide occurred predominantly in 2022 and 2023. This signifies a global upsurge in research and publication pertaining to Strength-Based Counseling.

Trend Author Strength Based Counseling Globally



Graph 2. Visualization of Global Trends in Strength-Based Counseling Authors

The graphic depicts numerous authors globally engaged in research and publication on Strength-Based Counseling. Carl A. Latkin is the most prolific author, boasting over 40 works, succeeded by a roster of other notable authors. The works of these authors may serve as references for subsequent research.

Visualization Top Filed Study of Strength Based Counseling Globally

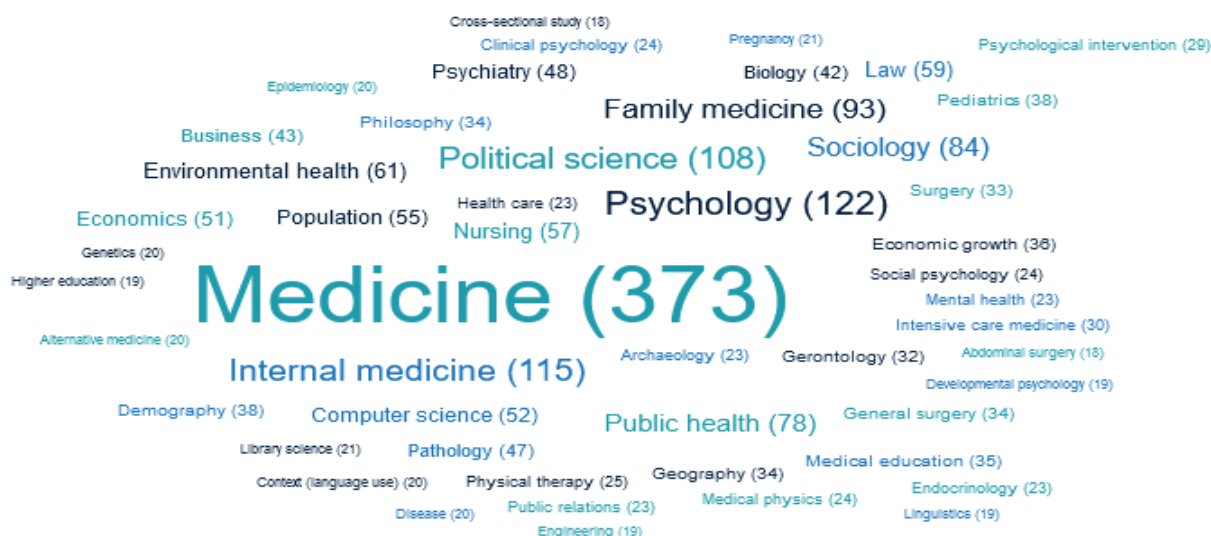
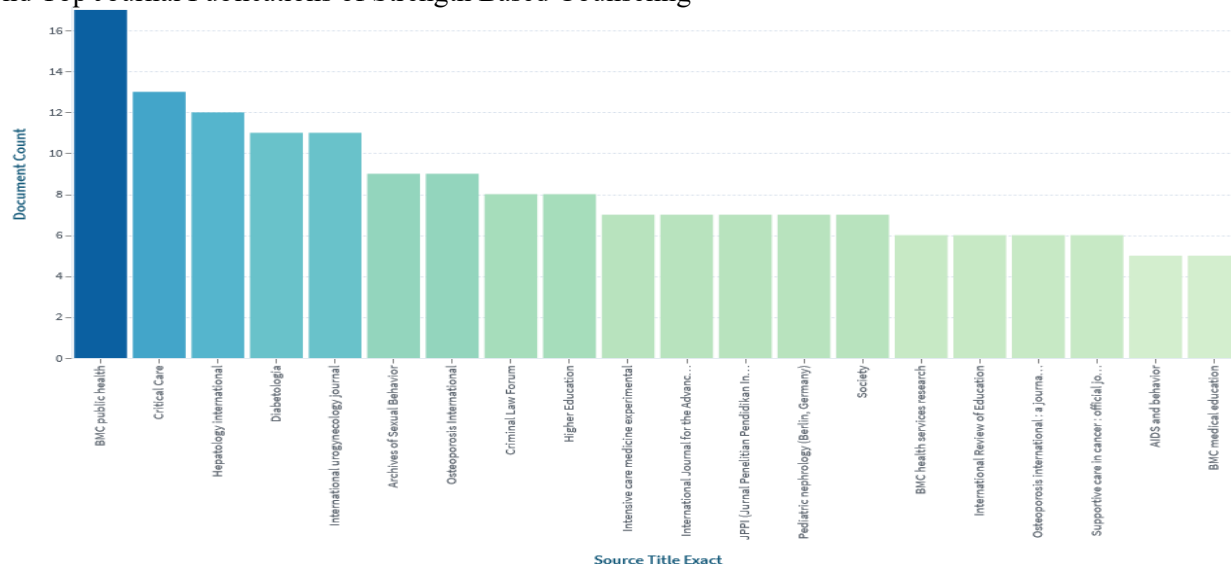


Figure 1. Top Filed study of Strength Based Counseling globally

Figure 1 provides insights into the global trends in academic disciplines pertinent to the study of Strength-Based Counseling. The predominant field is medicine, featuring 373 papers addressing Strength-Based Counseling in relation to medical science. Subsequently, there exist 122 articles on Strength-Based Counseling within the domain of psychology. Subsequently, various additional disciplines examining Strength-Based Counseling encompass internal medicine with 115 publications, political science with 108 publications, family medicine with 93 publications, sociology with 84 publications, public health with 78 publications, environmental health with 61 publications, law with 59 publications, nursing with 57 publications, computer science with 52 publications, business with 43 publications, along with other prominent fields of study illustrated in Figure 3. This data enables us to ascertain that recent information has surfaced, demonstrating that research on Strength-Based Counseling is globally prevalent and pertinent across numerous prominent academic disciplines, including medicine, psychology, political science, sociology, public health, law, nursing, and computer science.

Trend Top Journal Publications of Strength Based Counseling



Graph 3. Top Journal Publications on Strength-Based Counseling

Based on Graph 3 depicts a dark blue line with a list of top journals that publish research on Strength-Based Counseling. BMC Public Health is the journal that publishes the most research on Strength Based Counseling, followed by Critical Care, Hepatology International, Diabetologia, and the International Urogynecology Journal. Based on this data, it is possible to conclude that the journals that frequently publish studies on Strength Based Counseling include medical research, indicating that the study of Strength Based Counseling is still relevant to medicine around the world, and there are still few counseling or psychology journals that investigate Strength Based Counseling.

Most Active Publications Countries and Regions of Strength Based Counseling

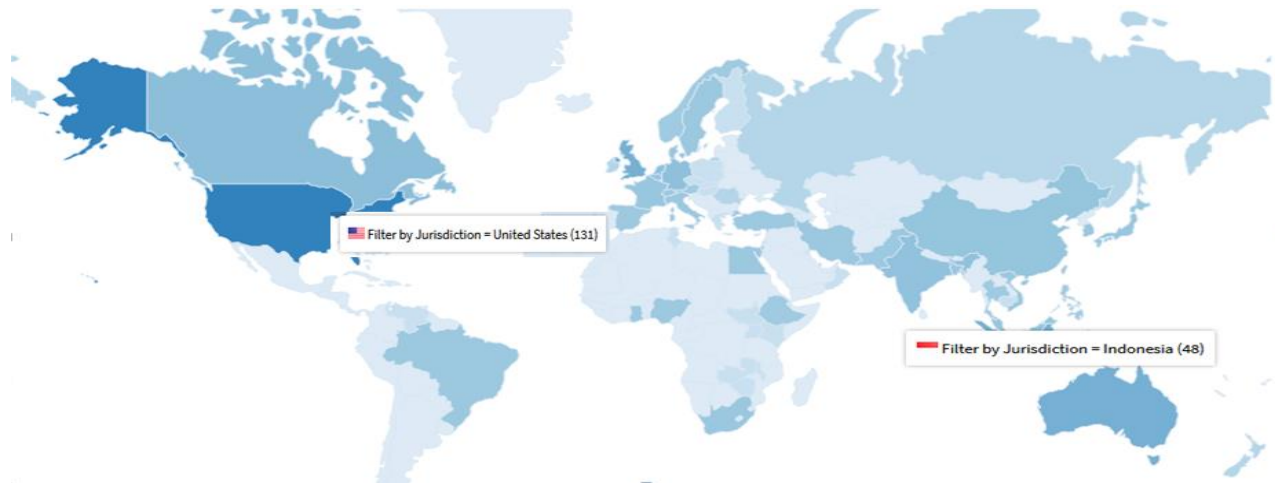
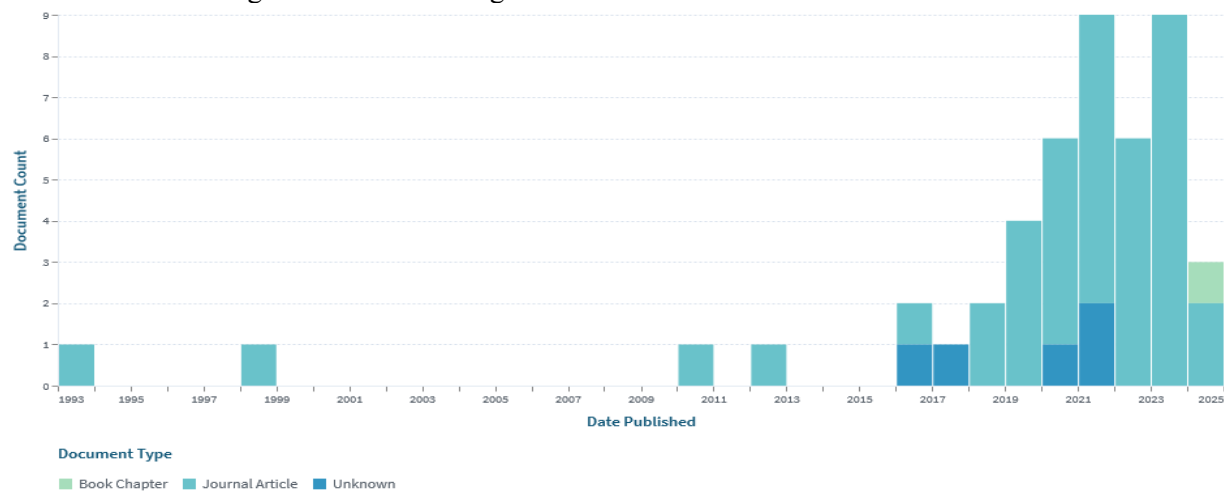


Figure 2. Most active Publications Countries and regions Publications of Strength Based Counseling

Looking at the worldwide trend by nation, United States of America (USA) boasts 131 publications, the most of which relate to Strength Based Counseling. In Indonesia (INA), meantime, there have been various studies on Strength Based Counseling, for 48 papers overall.

Trend Publications Strength Based Counseling In Indonesia



Graph 4..Date publication Strength Based Counseling in Indonesia

The trend data for publications examining Strength Based Counseling in Indonesia began in 1993 and continues to the present year, 2024, as illustrated in Graph 4. This data includes over 100 published works, including book chapters, journal articles, and unknown categories. Journal Articles are the most prevalent publication type, as indicated by the data. The popularity of Strength-Based Counseling publications in Indonesia from 1993 to 2015 was not particularly high, with only four publications in the years 1993, 1999, 2011, and 2015. Nevertheless, the trend of research and publications on Strength-Based Counseling in Indonesia has increased from 2017 to 2024, with the highest publication trends occurring in 2022 and 2024. This suggests that Indonesian

(Afriyati, et al., 2024; Teriba & Dawson, 2024). The novelty of this research is the identification of the heightened interest in publications concerning strength-based counseling. This research elucidates the process by which the paradigm shift in the disciplines of psychology and counseling results in a more profound comprehension of individual strengths, particularly in the context of Indonesian culture (Afriyati, et al., 2024; Zamroni, et al., 2022). The results of this analysis can be used as a basis for additional research. The comprehension of this approach can be expanded through comprehensive research on the efficacy of strength-based counseling in various contexts or the impact of local cultural factors on its application.

CONCLUSIONS

Finally, the utilization of Strength-Based Counseling in Indonesia and on a global scale indicates an optimistic trajectory of advancement. School counselors can effectively provide services to clients by utilizing the Strength Based Counseling approach, which can contribute to the improvement of psychological well-being by leveraging individual strengths and community support. Nevertheless, additional efforts are required to embed this approach into broader counseling practices and provide training. It is necessary to implement a more comprehensive training program to improve the comprehension and abilities of counselors in the application of Strength Based Counseling. The results of these practices can be transformed into research and published, thereby serving as a reference for other readers or researchers to further develop Strength Based Counseling.

REFERENCES

- Afriyati, V., Herawati, A. A., Pasmawati, H., & Rahayu, P. R. (2024). Research trend about counseling based on local wisdom: a bibliometric analysis.
- Gander, F., Proyer, R. T., Ruch, W., & Wyss, T. (2013). Strength-based positive interventions: Further evidence for their potential in enhancing well-being and alleviating depression. *Journal of happiness studies*, 14, 1241-1259.
- Nair, D. S., & Bhandare, S. (2024). Examining the impact of a strength-based program to enhance teacher trainees' critical thinking abilities: a pilot study. *Quality Education for All*, 1(1), 1-21.
- Naraswari, I. A. M. D., Dantes, N., Suarni, N. K., Gading, I. K., & Suranata, K. (2024). Solution-focused brief counseling to improve student's social-emotional skills and psychological well-being. *Jurnal EDUCATIO: Jurnal Pendidikan Indonesia*, 10(1), 106-113.
- Parsakia, K., Knechtle, B., Irandoust, K., & Taheri, M. (2024). Strength-based therapy: empowering athletes' self-efficacy and life satisfaction. *Health Nexus*, 2(2), 1-7.
- Purnomo, A., & Basuki, A. (2024). A Systematic Literature Review: Emerging Challenges in Indonesian School Counselling to Confront Student's Mental Health Issues and its Alternative Solution. *International Journal of Multicultural and Multireligious Understanding*, 11(4), 265-278.
- Suranata, K., Atmoko, A., & Hidayah, N. (2017). *Enhancing Students' Resilience: Comparing The Effect of Cognitive-Behavior And Strengths-Based Counseling*. 134(Icirad), 102–108. <https://doi.org/10.2991/icirad-17.2017.20>
- Rashid, T. (2015). Positive psychotherapy: A strength-based approach. *The Journal of Positive Psychology*, 10(1), 25-40.
- Teriba, A., & Dawson, D. (2024). Expanding high school counseling in a social media world: improving student and community well-being. *Psychological reports*, 127(2), 807-826.
- Tse, S., Tsoi, E. W., Hamilton, B., O'Hagan, M., Shepherd, G., Slade, M., . . . Petrakis, M. (2016). Uses of strength-based interventions for people with serious mental illness: A critical review. *International Journal of Social Psychiatry*, 62(3), 281-291.
- Zamroni, E., Hanurawan, F., Muslihati, Hambali, I., & Hidayah, N. (2022). Trends and research implications of guidance and counseling services in Indonesia from 2010 to 2020: A bibliometric analysis. *SAGE Open*, 12(2), 21582440221091261.
- Zhou, Y., Duan, Y., Zhou, J., Qin, N., Liu, X., Kang, Y., . . . Luo, J. (2024). Character Strength-Based Cognitive-Behavioral Therapy Focusing on Adolescent and Young Adult Cancer Patients with Distress: A Randomized Control Trial of Positive Psychology. *Journal of happiness studies*, 25(7), 1-27.